



COUGAR CAFE

Week 8

Service Line	Monday 14-Oct	Tuesday 15-Oct	Wednesday 16-Oct	Thursday 17-Oct	Friday 18-Oct
 THE STOVETOP <small>HOT LUNCHES</small> Main Meal	No School	Italian Sub & Fries	American Chop Suey & Garlic Bread	Build a Baked Potato	Assorted Pizza
Alternative Option		  Cheeseburger & Fries	 Ham & Cheese Croissant with Chips	  Chicken Patty & Fries	  Tuna Melt
<i>Gluten Free ** Special order Please ask for details</i>		Italian Sub & Fries	Pasta & Meatsauce	Build a Baked Potato	Assorted Pizza
<i>Vegetarian</i>				Build a Baked Potato	
<i>Milk Free</i>		Italian Sub & Fries	American Chop Suey	Build a Baked Potato	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>		Italian Sub & Fries	American Chop Suey	Build a Baked Potato	Crispy Chicken Wrap or Salad
Soup		Chili			
Vegetable of the day		Corn	Green Beans	Broccoli	Caesar Salad
 THE DELI BAR <small>WRAPS AND SALADS</small>		Turkey Club or Hamburger Wrap or BigMac Wrap <i>*Fries offered with all sandwiches*</i>	Corn Dog or Bufalo Chicken Dip & Nachos	Burrito or Nachos <i>*Fries offered with all sandwiches*</i>	Crispy Chicken