



For Sandwich or Salad:

Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

October 2023

Monday Tuesday Wednesday Thursday Friday

2 Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Dinner Roll Or Shepherd's Pie & Dinner Roll	3 Dino Chicken Nuggets, Fries & Steamed Carrots	4 Cheese Lasagna, Green Beans & Garlic Bread	5 Sloppy Joe, Baked Beans & Fries	6 Assorted Pizza & Caesar Salad
9 No School	10 Macaroni & Cheese Or Buffalo Mac & Cheese w/ Baked Beans	11 Chicken Chow Mein & Chop Suey Veggies	12 Italian Sub, Green Beans & Fries	13 Assorted Pizza & Caesar Salad
16 Teriyaki Beef Stir Fry Bowl	17 Dino Chicken Nuggets, Fries & Steamed Carrots	18 American Chop Suey, Green Beans & Garlic Bread	19 Scrambled Eggs, TaterTots & Pancakes	20 Assorted Pizza & Caesar Salad
23 Orange Chicken Bowl & Dinner Roll	24 Cheese Pizza Quesadilla, Salsa, Sour Cream & Steamed Carrots	Early Release 25 Bagel Pizza & Side Salad	26 Linguica Sandwich, Baked Beans & Fries	27 Assorted Pizza & Caesar Salad
30 Steak & Cheese Sub w/Peppers & Onions & Corn	31 Dino Chicken Nuggets, Fries & Steamed Carrots			


Monday Crispy Chicken
Tuesday Turkey Club Hamburger Wrap or Big Mac Wrap *Fries offered with all sandwiches* Build -A- Burger
Wednesday Corn Dog & Buffalo Dip & Nachos
Thursday Beef Taco Burritos or Nachos *Fries offered with all sandwiches* Chicken Patty
Friday Crispy Chicken

OFFERED DAILY

Assorted Fruit Cups
Assorted **Fresh Fruit**
Assorted Veggie Sticks
Side Salads

MILK
Chocolate, 1% & Lactaid

- Lunch Includes:**
- * Main Meal, Salad, Sandwich or Parfait
 - *Milk
 - *Fruit
 - * Vegetable
 - * Water

Weekly Alternative Lunch Menu		Tuesday Build-a-burger	Wednesday Ham & Cheese Croissant	Thursday Chicken Patty	Tuna Melt
--------------------------------------	---	----------------------------------	--	----------------------------------	------------------

All students receive 1 FREE Meal Second meal price - Student Lunch \$3.75 Milk 50¢ Adult Lunch \$4.75 Additional Lactaid Milk \$1.00

Prepay lunches - **Cashless Environment** - No money accepted at the registers unless in an envelope w/all info.

Please look for our weekly menu, on-line for any changes

** One 8oz Bottle of Water FREE with All Meals at time of service. After service or without a meal \$0.50