



COUGAR CAFE

Week 7

Service Line	Monday 9-Oct	Tuesday 10-Oct	Wednesday 11-Oct	Thursday 12-Oct	Friday 13-Oct
	No School	Macaroni & Cheese or Buffalo Mac & Cheese	Chicken Chow Mein & Chop Suey Veggies	Italian Sub & Fries	Assorted Pizza
Alternative Option		  Cheeseburger & Fries	 Ham & Cheese Croissant with Chips	  Chicken Patty & Fries	  Tuna Melt
<i>Gluten Free ** Special order Please ask for details</i>		Cheeseburger & Fries	Ham & Cheese Sandwich & Chips	Italian Sub & Fries	Assorted Pizza
<i>Vegetarian</i>					
<i>Milk Free</i>		Hamburger & Fries	Chicken Chow Mein & Chop Suey Veggies	Italian Sub & Fries	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>		Hamburger & Fries	Chicken Teriyaki Wrap w/Chop Suey Veggies	Italian Sub & Fries	Crispy Chicken Wrap or Salad
Soup		Cream of Broccoli Soup			
Vegetable of the day		Baked Beans	Sautéed Chop Stuey Veggies	Green Beans	Caesar Salad
		Turkey Club or Hamburger Wrap or BigMac Wrap <i>*Fries offered with all sandwiches*</i>	Corn Dog or Bufalo Chicken Dip & Nachos	Burrito or Nachos <i>*Fries offered with all sandwiches*</i>	Crispy Chicken