




COUGAR CAFE

Week 4

Service Line	Monday 16-Jan	Tuesday 17-Jan	Wednesday 18-Jan	Thursday 19-Jan	Friday 20-Jan	
	No School	Chicken Nuggets & Fries Bread	1 PICK A BASE Confetti Fried Rice Chinese Noodles 2 PICK A PROTEIN Chicken Teriyaki Crispy Tofu 3 PICK VEGGIES Stir-Fry Vegetables Sesame-Roasted Green Beans 4 PICK A SIDE Mandarin Fruit Salad ★ Top it off with homemade Teriyaki or Sriracha sauce! ★	Hot Dog & Fries	Assorted Pizza	
Alternative Option		  Cheeseburger & Fries		 	Chicken Patty & Fries	
<i>Gluten Free ** Special order Please ask for details</i>		Chicken Nuggets & Fries Bread		Hot Dog & Fries	Assorted Pizza	
<i>Vegetarian</i>						
<i>Milk Free</i>		Chicken Nuggets & Fries Bread			Chicken Patty & Fries	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>		Chicken Nuggets & Fries Bread			Chicken Patty & Fries	Crispy Chicken Wrap or Salad
Soup				Cheeseburger Soup		
Vegetable of the day		Steamed Carrots		Green Beans	Baked Beans	Caesar Salad
		Hamburger Wrap or BigMac Wrap <small>*Fries offered with all sandwiches*</small>			Burrito or Nachos <small>*Fries offered with all sandwiches*</small>	Crispy Chicken