



COUGAR CAFE

Week 7

Service Line	Monday 7-Feb	Tuesday 8-Feb	Wednesday 9-Feb	Thursday 10-Feb	Friday 11-Feb
	Sheppard's Pie & Dinner Roll	Macaroni & Cheese & Bread Stick	Chicken Chow Mein & Chop Suey Veggies	Italian Sub & Fries	Assorted Pizza
Alternative Option		  Cheeseburger & Fries	 Ham & Cheese Croissant with Chips	  Chicken Patty & Fries	
<i>Gluten Free ** Special order Please ask for details</i>	Sheppard's Pie & Roll	Cheeseburger & Fries	Grilled Ham & Cheese Sandwich & Chips	Italian Sub & Fries	Assorted Pizza
<i>Vegetarian</i>					
<i>Milk Free</i>	Pulled Pork Sandwich	Hamburger & Fries	Chicken Chow Mein & Chop Suey Veggies	Italian Sub & Fries	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>	Pulled Pork Sandwich	Hamburger & Fries	Chicken Teriyaki Wrap w/Chop Suey Veggies	Italian Sub & Fries	Crispy Chicken Wrap or Salad
Soup	Cream of Broccoli Soup				
Vegetable of the day	Steamed Carrots	Baked Beans	Sautéed Chop Stuey Veggies	Green Beans	Caesar Salad
	Crispy Chicken	Hamburger Wrap or BigMac Wrap <small>*Fries offered with all sandwiches*</small>	Crispy Chicken	Burrito or Nachos <small>*Fries offered with all sandwiches*</small>	Crispy Chicken