



January 2022



For Sandwich or Salad:

Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

OFFERED DAILY

Assorted Fruit Cups
Assorted **Fresh Fruit**
Assorted Veggie Sticks
Side Salads


MILK
Chocolate, 1% & Lactaid

- Lunch Includes:**
- * Main Meal, Salad, Sandwich or Parfait
 - *Milk
 - *Fruit
 - * Vegetable
 - * Water

Monday	Tuesday	Wednesday	Thursday	Friday
3 Steak & Cheese Sub, Peppers & Onions	4 Chicken Nuggets, Fries, Bread & Steamed Carrots	5 Grilled Cheese & Chili	6 Build a Baked Potato	7 Assorted Pizza & Caesar Salad
10 Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Dinner Roll	11 Mozzarella Sticks, Fries, Marinara Sauce, Baked Beans & Bread	Early Release Day 12 13 Cheese Pizza Quesadilla, Salsa, Sour Cream & Steamed Carrots	13 Shredded Buffalo Chicken Sandwich & Fries	14 Assorted Pizza & Caesar Salad
17 No School	18 Chicken Nuggets, Fries Bread & Steamed Carrots	19 Chicken Parmesan, Spaghetti & Broccoli	20 Hot Dog & Fries	21 Assorted Pizza & Caesar Salad
24 General TSO's Chicken Bowl & Bread Stick	25 Mozzarella Sticks, Fries, Marinara Sauce, Baked Beans & Bread	26 Home-made Chicken Quesadilla, Salsa, Sour Cream & Corn & Bean Salad	27 Meatball Sub, Green Beans & Fries	28 Assorted Pizza & Caesar Salad
30 Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Dinner Roll				

Monday
Crispy Chicken
Tuesday
Hamburger Wrap or Big Mac Wrap *Fries offered with all sandwiches* Build -A- Burger
Wednesday
Crispy Chicken
Thursday
Beef Taco Burritos or Nachos *Fries offered with all sandwiches* Chicken Patty
Friday
Crispy Chicken

Weekly Alternative Lunch Menu

 **THE STOVETOP** HOT LUNCHES

Tuesday Build-a-burger

Wednesday Ham & Cheese Croissant

Thursday Chicken Patty

All students receive 1 FREE Meal
Second meal price - Student Lunch \$3.50 Milk 50¢
Adult Lunch \$4.50

Prepay lunches - Cashless Environment - No money accepted at the registers this year

Please look for our weekly menu, on-line for any changes

** One Bottle of Water FREE with All Meals at time of service.
After service or without a meal \$1.00