

**October 2021**

**For Sandwich or Salad:**

Turkey, Ham, Tuna, Hard  
Boiled Egg, Egg Salad or  
Diced Chicken

**OFFERED DAILY**

Assorted Fruit Cups  
Assorted **Fresh Fruit**  
Assorted Veggie Sticks  
Side Salads

**MILK**  
Chocolate, 1% &  
Lactaid

**Lunch Includes:**  
\* **Main Meal, Salad,**  
**Sandwich or Parfait**  
\* **Milk**  
\* **Fruit**  
\* **Vegetable**  
\* **Water**

| Monday                                                                              | Tuesday                                                                           | Wednesday                                                                 | Thursday                                                                       | Friday                                       |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------|
|                                                                                     |                                                                                   |                                                                           |                                                                                | 1<br>Assorted<br>Pizza &<br>Caesar<br>Salad  |
| 4<br>Crispy Chicken<br>Bowl w/<br>Mashed<br>Potato, Corn,<br>Gravy &<br>Dinner Roll | 5<br>Chicken<br>Nuggets,<br>Fries, Bread<br>& Steamed<br>Carrots                  | 6<br>Baked<br>Cheese<br>Ravioli &<br>Garlic Bread                         | 7<br>* Menu change*<br>Italian Sub - NO<br>CHICKEN PATTY -<br>Assorted Options | 8<br>Assorted<br>Pizza &<br>Caesar<br>Salad  |
| 11<br>No School                                                                     | 12<br>Macaroni &<br>Cheese,<br>Green<br>Beans &<br>Dinner Roll                    | Early Release Day 13<br>Chicken<br>Chow Mein<br>& Chop<br>Suey<br>Veggies | 14<br>* Menu<br>change*<br>Sloppy Joe<br>& Fries                               | 15<br>Assorted<br>Pizza &<br>Caesar<br>Salad |
| 18<br>Teriyaki<br>Beef Stir Fry<br>Bowl                                             | 19<br>Chicken<br>Nuggets,<br>Fries, Bread<br>& Steamed<br>Carrots                 | 20<br>American<br>Chop Suey,<br>Green Beans<br>& Garlic<br>Bread          | 21<br>Turkey Club<br>& Fries                                                   | 22<br>Assorted<br>Pizza &<br>Caesar<br>Salad |
| 25<br>Orange<br>Chicken<br>Bowl &<br>Dinner Roll                                    | 26<br>Cheese Pizza<br>Quesadilla,<br>Salsa, Sour<br>Cream &<br>Steamed<br>Carrots | 27<br>Spaghetti &<br>Meatballs,<br>Green Beans<br>& Garlic<br>Bread       | 28<br>Linguica<br>Sandwich &<br>Fries                                          | 29<br>Assorted<br>Pizza &<br>Caesar<br>Salad |

**Monday**

Crispy Chicken

**Tuesday**

Beef Taco Burritos or  
Nachos \*Fries offered  
with all sandwiches\*  
Build -A- Burger

**Wednesday**

Crispy Chicken

**Thursday**

Hamburger Wrap or  
Big Mac Wrap \*Fries  
offered with all  
sandwiches\*  
Chicken Patty

**Friday**

Crispy Chicken

**Weekly Alternative  
Lunch Menu**



**Tuesday**  
Build-a-burger

**Wednesday**  
Ham & Cheese  
Croissant

**Thursday**  
Chicken Patty

All students receive 1 FREE  
Meal Second meal price -  
Student Lunch \$3.50 Milk 50¢  
Adult Lunch \$4.50

Prepay lunches - Cashless Environment - No money excepted at the registers this year

Please look for our  
weekly menu, on-line for  
any changes

\*\* One Bottle of Water FREE with All Meals at time of service.  
After service or without a meal \$1.00