






COUGAR CAFE

Week at a glance

Service Line	Monday 14-Jun	Tuesday 15-Jun	Wednesday 16-Jun	Thursday 17-Jun	Friday 18-Jun
 THE STOVETOP HOT LUNCHES	Assorted Meals	Assorted Meals	LAST DAY of School!!! Students will have opportunity to bring home a PB&J or Pizza Meal		
 THE STOVETOP HOT LUNCHES					
<i>Gluten Free ** Special order Please ask for details</i>					
Soup					
Vegetable of the day					
 THE DELI BAR WRAPS AND SALADS					

Lunch Includes: * Menu Meal, Salad, Sandwich, Smoothie or Parfait
 *Milk *Fruit *Vegetable *Grain(may be part of meal) *Water

Offered Daily: Made to order Sandwich or Salad



Daily Protein Options: Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad, Diced Chicken & Cheese
 Vegetables: Lettuce, Spinach, Cucumbers, Tomatoes, Shredded Carrots, Onion
 Grain: Wrap, Bulky Roll, Sandwich Bread & Croutons
 Other: Black Olives, Banana Peppers, Roasted Red Peppers, Jalapenos & Assorted Dressings

 THE STOVETOP HOT LUNCHES	Available in both Grab & Go Refrigerators		 THE DELI BAR WRAPS AND SALADS
Turkey, Cheese & Lettuce Wrap	Chicken Caesar Wrap	Ham, Cheese & Lettuce Wrap	Tuna & Lettuce Wrap
Salads: Chicken Caesar Salad & Antipasto Salad			
Fruit Smoothies & Parfaits			