



COUGAR CAFE

Week at a glance

Service Line	Monday 17-May	Tuesday 18-May	Wednesday 19-May	Thursday 20-May	Friday 21-May
	Cherry Blossom Chicken Bowl & Dinner Roll	Cheese Pizza Quesadilla & Fries	Spaghetti & Meatballs, Green Beans & Garlic Bread	Linguica Sandwich & Fries	Assorted Pizza
		  Cheeseburger & Fries	 n & Cheese Croissant & Chips	  Chicken Patty & Fries	
<i>Gluten Free ** Special order Please ask for details</i>	Teriyaki Chicken Bowl	Home-made Chicken & Cheese Quesadilla with Fries	Pasta & Meatsauce	Chicken Tenders & Fries	Assorted Pizza
Soup	Chicken Noodle Soup				
Vegetable of the day	Steamed Broccoli	Steamed Carrots	Green Beans	Baked Beans	Caesar Salad
	Crispy Chicken	Burrito or Nachos <i>*Fries offered with all sandwiches*</i>	Crispy Chicken	Hamburger Wrap or BigMac Wrap <i>*Fries offered with all sandwiches*</i>	Crispy Chicken

Lunch Includes: * Menu Meal, Salad, Sandwich, Smoothie or Parfait
 *Milk *Fruit *Vegetable *Grain(may be part of meal) *Water

Offered Daily: Made to order Sandwich or Salad



Daily Protein Options: Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad, Diced Chicken & Cheese
 Vegetables: Lettuce, Spinach, Cucumbers, Tomatoes, Shredded Carrots, Onion
 Grain: Wrap, Bulky Roll, Sandwich Bread & Croutons
 Other: Black Olives, Banana Peppers, Roasted Red Peppers, Jalapenos & Assorted Dressings




Available in both Grab & Go Refrigerators

Turkey, Cheese & Lettuce Wrap Chicken Caesar Wrap Ham, Cheese & Lettuce Wrap
 Salads: Chicken Caesar Salad & Antipasto Salad
 Fruit Smoothies & Parfaits