






# COUGAR CAFE

## Week at a glance

Service Line	Monday 29-Mar	Tuesday 30-Mar	Wednesday 31-Mar	Thursday 1-Apr	Friday 2-Apr
 THE STOVETOP HOT LUNCHES	Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Biscuit	Mozzarella Sticks, Fries, Marinara Sauce & Bread	Chicken Broccoli Alfredo & Garlic Bread	Steak & Cheese Sub, Peppers & Onions & Fries	No School
 THE STOVETOP HOT LUNCHES		Cheeseburger & Fries	Ham & Cheese Croissant & Chips	Chicken Patty & Fries	
<i>Gluten Free ** Special order Please ask for details</i>	Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Roll	Cheeseburger & Fries	Chicken Broccoli Alfredo & Garlic Bread	Steak & Cheese Sub, Peppers & Onions & Fries	
Soup	Minestrone Soup				
Vegetable of the day	Corn	Baked Beans	Broccoli	Carrot Sticks	
 THE DELI BAR WRAPS AND SALADS	Crispy Chicken	Burrito or Nachos	Corn Dog	Hamburger Wrap or BigMac Wrap	

Lunch Includes: \* Menu Meal, Salad, Sandwich, Smoothie or Parfait  
 \*Milk \*Fruit \*Vegetable \*Grain(may be part of meal) \*Water

## Offered Daily: Made to order Sandwich or Salad



Daily Protein Options: Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad, Diced Chicken & Cheese  
 Vegetables: Lettuce, Spinach, Cucumbers, Tomatoes, Shredded Carrots, Onion  
 Grain: Wrap, Bulky Roll, Sandwich Bread & Croutons  
 Other: Black Olives, Banana Peppers, Roasted Red Peppers, Jalapenos & Assorted Dressings

 THE STOVETOP HOT LUNCHES	<b>Available in both Grab &amp; Go Refrigerators</b>				 THE DELI BAR WRAPS AND SALADS
Turkey, Cheese & Lettuce Wrap	Chicken Caesar Wrap	Ham, Cheese & Lettuce Wrap	Tuna & Lettuce Wrap		
Salads: Chicken Caesar Salad & Antipasto Salad					
Fruit Smoothies & Parfaits					