

18400 Whole Grain GoodyRing

>51% WHOLE GRAIN – 2.5oz

SBI CODE # - 18400

UPC ITEM# - 091464184009

Nutrition Facts

Serving Size 2.5oz (71g)	
Servings Per Container 1	
Amount Per Serving	
Calories 230	Calories from Fat 90
% Daily Value*	
Total Fat 11g	16%
Saturated Fat 4g	19%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	9%
Sugars 6g	
Protein 5g	
Vitamin A 0%	• Vitamin C 10%
Calcium 10%	• Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: 100% WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM OIL AND SOYBEAN OIL WITH CITRIC ACID ADDED AS A PRESERVATIVE), SUGAR, SOYBEAN OIL. CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, CORN SYRUP SOLIDS, DEXTROSE, VITAL WHEAT GLUTEN, VEGETABLE SHORTENING (PALM OIL W/ LECITHIN), CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DEFATTED SOY FLOUR, SWEET WHEY SOLIDS, MONO-DIGLYCERIDES, CALCIUM SULFATE, WHEAT STARCH, NATURAL & ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, AMMONIUM SULFATE, GUAR GUM, XANTHAN GUM, CELLULOSE GUM, AGAR, LOCUST BEAN GUM, WHOLE EGG SOLIDS, SODIUM HEXAMETAPHOSPHATE.

CONTAINS: WHEAT, EGGS, MILK AND SOY


PRODUCT CONTRIBUTION

GRAIN CREDIT: 2oz grain equivalent
 GRAMS OF FLOUR: 33.5g
 GRAMS OF WHOLE GRAIN: 17.1g
 GRAMS OF ENRICHED: 16.4g
 PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51%
 DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: Yes

PRODUCT HIGHLIGHTS

- 2oz Grain Equivalent
- Qualifies as Whole Grain Rich
- Menu or Ala Carte

SUGGESTED BID SPEC

Whole Grain Goodyman Glazed Ring code/18400
 80 – 2.5oz Frozen, Thaw and Serve individually wrapped yeast-raised ring donuts. Must conform to USDA Child Nutrition Program specifications and meet 2oz grain equivalent. Must contain a minimum of 10% vitamin C, 10% calcium, & 8% iron. 2 grams of fiber & 5 grams of protein. Student-preferred brand Super Bakery's Goodyman product #6050. Made with Whole Grain Flour. Made in the USA, Peanut Free Product. Product analysis required. 

CASE SPECS

cs/ct	80
case dimensions	20.9" L x 16.3" W x 6.6" H
case cube	1.3
case weight	13.5 lbs
cases per pallet	60
TIH	5 x 12
shelf life	frozen: 12 months / ambient: 5 days



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Updated: 7.1.17

Donut Ring

Thaw at room Temperature.

Heat in a 375 degree oven for 2-3 minutes.

Finish – Brush or spread glazed over top of donut when warm.

Enjoy!