






Week at a glance

Service Line	Monday 21-Sep	Tuesday 22-Sep	Wednesday 23-Sep	Thursday 24-Sep	Friday 25-Sep
 THE STOVETOP HOT LUNCHES	Sheppard's Pie & Dinner Roll	Chicken Nuggets, Fries & Bread	Grilled Cheese & Chili	Linguica Sandwich & Fries	Assorted Pizza
 THE STOVETOP HOT LUNCHES	Chicken Salad Sandwich & Chips	Cheeseburger & Fries	Ham & Cheese Croissant & Chips	Chicken Patty & Fries	
<i>Gluten Free ** Special order Please ask for details</i>	Sheppard's Pie & Roll	Chicken Nuggets, Fries & Bread	Grilled Cheese & Chips	Pulled Pork Sandwich & Fries	Assorted Pizza or Tuna Melt
Soup	Creamy Tomato Basil Soup				
Vegetable of the day	Corn	Steamed Carrots	Spinach & Feta Salad	Baked Beans	Caesar Salad
 THE DELI BAR WRAPS AND SALADS	Crispy Chicken	Cheeseburger Wrap, Big Mac Wrap Or Chicken Patty	Corn Dog	Beef Taco Burrito or Nachos	Crispy Chicken

Lunch Includes: * Menu Meal, Salad, Sandwich, Smoothie or Parfait
 *Milk *Fruit *Vegetable *Grain(may be part of meal) *Water

Offered Daily: Made to order
Sandwich or Salad



Daily Protein Options: Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad, Diced Chicken & Cheese
 Vegetables: Lettuce, Spinach, Cucumbers, Tomatoes, Shredded Carrots, Onion
 Grain: Wrap, Bulky Roll, Sandwich Bread & Croutons
 Other: Black Olives, Banana Peppers, Roasted Red Peppers, Jalapenos & Assorted Dressings

	Available in both Grab & Go Refrigerators	
Salads: Chicken Caesar Salad & Antipasto Salad Fruit Smoothies & Parfaits		