

Old Colony Lunch Menu



THE STOVETOP HOT LUNCHES

March 2017



THE DELI BAR WRAPS AND SALADS

Monday Tuesday Wednesday Thursday Friday

OFFERED DAILY

Assorted Fruit Cups
Assorted **Fresh Fruit**
Assorted Veggie Sticks
Side Salads

MILK

Chocolate, Coffee,
Strawberry, 1%, Fat
Free & Lactaid

NACHO LUNCH

Nachos, Cheese, Hummus,
Salsa, Fruit, Vegetable & Milk

Lunch Includes:

- * Main Meal, Salad,
Sandwich or Parfait
- *Milk
- *Fruit
- * Vegetable
- * Cup of Soup when
available
- *one side

		1 American Chop Suey, Green Beans & Garlic Bread	2 Chicken Chow Mein & Chop Suey Veggies	3 Taco Pizza & Garden Salad
6 Cheeseburger with Lettuce & Tomato & Fries	7 Chicken Nuggets, Fries Bread & Steamed Carrots	8 Mexican Chicken Bowl & Corn Bread	9 Assorted Lunch Day	10 Stuffed Crust Pizza & Caesar Salad
13 Sloppy Joe, Fries & Corn	14 Chicken Broccoli Alfredo & Garlic Bread	15 Early Release No Lunches	16 Mozzarella Sticks, Marinara Sauce, Fries & Baked Beans	17 Buffalo Chicken Pizza & Caesar Salad
20 General TSO's Chicken Bowl & Bread Stick	21 Chicken Nuggets, Fries Bread & Steamed Carrots	22 Chicken or Cheese Quesadilla, Salsa, Sour Cream & Corn & Bean Salad	23 Italian Sub, Fries & Minestrone Soup	24 Stuffed Crust Pizza & Caesar Salad
27 Assorted Grilled Cheese with Soup or Chili	28 Hot Dog, Fries & Baked Beans	29 Nachos with Taco Meat or Chili, Lettuce, Tomato, Salsa & Sour Cream	30 Teriyaki Beef Stir Fry Bowl or Wrap & Sautéed Spinach	31 Taco Pizza & Garden Salad

SERVED DAILY

For Sandwich or Salad:
Turkey, Ham, Tuna, Hard
Boiled Egg, Egg Salad or
Diced Chicken

Tuesday

Cheeseburger Wrap
or Big Mac Wrap

Wednesday

Pilgrim Wrap

Thursday

Burritos

Friday

Crispy Chicken

Alternative Lunch
Menu Side

Monday -
Grilled Cheese
& Chili

Tues. -
Macaroni &
Cheese

Wed. -
Toasted Ham
& Cheese Sub

Thurs. Chicken
Patty

Fri. Fish
Sandwich

Student Lunch \$3.00
Milk 50¢
Adult Lunch \$4.00



Prepay lunches to make lines move quicker