

Old Colony Lunch Menu

August/September 2015



DELI LINE

SERVED DAILY

For Sandwich or Salad:
Ham, Turkey, Tuna, Hard
Boiled Egg, Egg Salad or
Diced Chicken

****Mon. & Fri.**

Crispy Chicken

Tuesday's

Cheeseburger Wrap or
Big Mac Wrap

Thursday's

Burritos

Student Lunch \$2.75

Milk 50¢

Adult Lunch \$3.50

Lunch Includes: *

Main Meal, Salad,
Sandwich or Parfait

*Milk
*Fruit
*Vegetable
*Cup of Soup when
available
*one side

Monday Tuesday Wednesday Thursday Friday

Monday	Tuesday	Wednesday	Thursday	Friday
		26-Aug	27-Aug	28-Aug
		Chicken Nuggets, fries & carrots sticks	Asian Chicken Bowl & bread stick	Stuffed Crust Pizza & salad
31-Aug	1	2	3	4
Cheeseburger, pasta salad & sliced carrots	Mozzarella sticks, fries & broccoli	Taco's, salsa, cheese, lettuce, tomato & corn & bean salad	BBQ Chicken Pizza & caesar salad	No School
7	8	9	10	11
No School	Spaghetti & Meatballs, green beans & garlic bread	Mexican Chicken Bowl & corn muffin	Steak Sub, roasted sweet potatoes & cream of broccoli soup	Stuffed Crust Pizza & salad
14	15	16	17	18
Chicken Chow Mein, rice & broccoli	Sheppard's Pie & bread stick	Chicken Nuggets, fries & carrots sticks	Lasagna, green beans & garlic bread	Stuffed Crust Pizza & salad
21	22	23	24	25
Meatball Sub & caesar salad	Chicken broccoli Alfredo & garlic bread	Linguica Sandwich & kale soup	Sloppy Joe & green beans	Stuffed Crust Pizza & salad
28	29	30		
American Chop Suey, green beans & garlic bread	Hot Dog, pasta salad & baked beans	Asian Chicken Bowl & bread stick		

OFFERED DAILY

Assorted Fruit Cups
Assorted **Fresh Fruit**
Assorted Veggie Sticks
Side Salads

MILK

Chocolate, Coffee,
Strawberry, 1%, Fat
Free & Lactaid

NACHO LUNCH

Nachos, Cheese, Hummus,
Salsa, fruit, vegetable & milk

Alternative Lunch
Menu Side

Monday - Fish
Sandwich

Tues. - Grilled
Cheese & Chili

Wed. -
Macaroni &
Cheese

Thurs. Chicken
Patty



Prepay lunches to make lines move quicker