

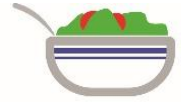
Old Colony Lunch Menu

Student Lunch \$3.00
Milk 50¢
Adult Lunch \$4.00



THE STOVETOP HOT LUNCHES

October 2016



THE DELI BAR WRAPS AND SALADS

Monday Tuesday Wednesday Thursday Friday

OFFERED DAILY

Assorted Fruit Cups
 Assorted **Fresh Fruit**
 Assorted Veggie Sticks
 Side Salads

MILK
 Chocolate, Coffee,
 Strawberry, 1%, Fat
 Free & Lactaid

NACHO LUNCH
 Nachos, Cheese, Hummus,
 Salsa, Fruit, Vegetable & Milk

Lunch Includes:
 * Main Meal, Salad,
 Sandwich or Parfait
 *Milk
 *Fruit
 * Vegetable
 * Cup of Soup when
 available
 *one side

3 Cheeseburger with Lettuce & Tomato & Fries	4 Chicken Nuggets, Fries Bread & Steamed Carrots	5 Turkey & Gravy over Mashed Potatoes with Stuffing and Sautéed Spinach	6 Assorted Lunch Day	7 Stuffed Crust Pizza & Caesar Salad
10 No School	11 BBQ Chicken, Macaroni & Cheese, Sautéed Spinach & Bread Stick	12 Taco's, Salsa, Cheese, Lettuce, Tomato & Corn & Bean salad	13 Mozzarella Sticks, Marinara Sauce, Fries & Baked Beans	14 Buffalo Chicken Pizza & Caesar Salad
17 Sheppard's Pie & Biscuit	18 Chicken Nuggets, Fries Bread & Steamed Carrots	19 Turkey Club, Fries & Cream of Broccoli Soup	20 Early Release No Lunches	21 Taco Pizza & Garden Salad
24 Turkey Pot Pie Bread Bowl with mashed Sweet Potato	25 Hot Dog, Fries & Baked Beans	26 Early Release No Lunches	27 Chicken Chow Mein & Chop Suey Veggies	28 Double Stuffed Stuffed Crust Pizza & Caesar Salad
31 Cheeseburger with Lettuce & Tomato & Fries				

SERVED DAILY

For Sandwich or Salad:
 Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

Monday

Crispy Chicken

Cheeseburger Wrap or Big Mac Wrap

Wednesday

Pilgrim Wrap

Thursday

Burritos

Friday

Crispy Chicken

Alternative Lunch Menu Side	Monday - Grilled Cheese & Chili	Tuesday - Macaroni & Cheese	Wednesday - Ham & Cheese Croissant & Soup	Thursday - Chicken Patty
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Prepay lunches to make lines move quicker