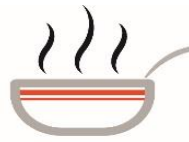


Old Colony Lunch Menu

Student Lunch \$3.00

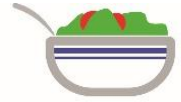
Milk 50¢

Adult Lunch \$4.00



THE STOVETOP
HOT LUNCHES

November 2016



THE DELI BAR
WRAPS AND SALADS

Monday Tuesday Wednesday Thursday Friday

OFFERED DAILY

Assorted Fruit Cups
Assorted **Fresh Fruit**
Assorted Veggie Sticks
Side Salads

MILK
Chocolate, Coffee,
Strawberry, 1%, Fat
Free & Lactaid

NACHO LUNCH
Nachos, Cheese, Hummus,
Salsa, Fruit, Vegetable & Milk

- Lunch Includes:**
- * Main Meal, Salad, Sandwich or Parfait
 - *Milk
 - *Fruit
 - * Vegetable
 - * Cup of Soup when available
 - *one side

	1 Chicken Nuggets, Fries Bread & Steamed Carrots	2 Mexican Chicken Bowl & Corn Bread	3 Linguica Sandwich & Kale Soup	4 Stuffed Crust Pizza & Caesar Salad
7 Sloppy Joe, Fries & Sautéed Spinach	8 Mozzarella Sticks, Marinara Sauce, Fries & Baked Beans	9 Chicken Broccoli Alfredo & Garlic Bread	10 Stuffed Crust Pizza & Caesar Salad	11 No School
14 General TSO's Chicken Bowl & Bread Stick	15 Chicken Nuggets, Fries Bread & Steamed Carrots	16 Italian Sub, Fries & Minestrone Soup	17 Chicken or Cheese Quesadilla, Salsa, Sour Cream & Corn & Bean Salad	18 Taco Pizza & Garden Salad
21 Assorted Grilled Cheese with Soup or Chili	22 Hot Dog, Fries & Baked Beans	23 No School	24 No School	25 No School
28 Cheeseburger with Lettuce & Tomato & Fries	29 Chicken Nuggets, Fries Bread & Steamed Carrots	30 Early Release No Lunches	Check out our TO-GO Refrigerator on the Deli Side. Pre-made Salads and Sandwiches for faster service. NEW THIS MONTH ANTIPASTO SALADS	

SERVED DAILY

For Sandwich or Salad:
Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

Monday

Crispy Chicken

Cheeseburger Wrap or Big Mac Wrap

Wednesday

Pilgrim Wrap Or Greek Salad

Thursday

Burritos

Friday

Crispy Chicken

Alternative Lunch Menu Side	Monday - Grilled Cheese & Chili	Tuesday - Macaroni & Cheese	Wednesday - Ham & Cheese Croissant & Soup	Thursday - Chicken Patty
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Prepay lunches to make lines move quicker