# **Old Colony** Lunch Menu



# December 2016



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Assorted Fruit Cups Assorted Fresh Fruit **Assorted Veggie Sticks** Side Salads

### **MILK**

Chocolate, Coffee, Strawberry, 1%, Fat Free & Lactaid

#### **NACHO LUNCH**

Nachos, Cheese, Hummus, Salsa, Fruit, Vegetable & Milk

### **Lunch Includes:**

- \* Main Meal, Salad, Sandwich or Parfait
- \*Milk
- \*Fruit
- \* Vegetable
- \* Cup of Soup when available
- \*one side

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
|   |   |  | Turkey Club,<br>Sweet Potato<br>Fries & Cream<br>of Broccoli<br>Soup    | 2<br>Stuffed Crust<br>Pizza & Caesar<br>Salad   |
| Chicken Parmesan, Spaghetti, Green Beans & Garlic Bread | BBQ Chicken,<br>Pasta Salad,<br>Sauteed<br>Spinach &<br>Bread Stick | 7 Taco's, Salsa, Cheese, Lettuce, Tomato & Corn & Bean salad | 8<br>Mozzarella<br>Sticks,<br>Marinara<br>Sauce, Fries &<br>Baked Beans | 9<br>Buffalo<br>Chicken Pizza<br>& Caesar Salad |
| Sheppard's Pie<br>& Biscuit                             | Chicken Nuggets, Fries Bread & Steamed Carrots                      | Early Release<br>No Lunches                                  | Asian Chicken<br>Bowl & Bread<br>Stick                                  | 16<br>Stuffed Crust<br>Pizza & Caesar<br>Salad  |
| 19<br>Hot Dog, Fries<br>& Baked Beans                   | Turkey Pot Pie<br>Bread Bowl<br>with mashed<br>Sweet Potato         | American<br>Chop Suey,<br>Green Beans &<br>Garlic Bread      | Assorted<br>Lunch Day   | 23<br>No School                                 |
| 26 27  No School No School                              |   | 28<br>No School  | 29<br>No School   | 30<br>No School                                 |

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## **SERVED DAILY**

For Sandwich or Salad:

Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

Tuesday

Cheeseburger Wrap or Big Mac Wrap

Wednesday

Pilgrim Wrap

Thursday

Burritos

**Friday** 

Crispy Chicken

**Alternative Lunch Menu Side** 

Monday -Grilled Cheese & Chili

Tuesday -Macaroni & Cheese

Wednesday -Ham & Cheese Croissant & Soup

**Thursday Chicken Patty** 

Student Lunch \$3.00 Milk 50¢ Adult Lunch \$4.00

