

**November 2025**

**For Sandwich or Salad:**  
Turkey, Ham, Tuna, Hard  
Boiled Egg, Egg Salad or  
Diced Chicken

**OFFERED DAILY**

Assorted Fruit Cups  
Assorted **Fresh Fruit**  
Assorted Veggie Sticks  
Side Salads

**MILK**  
Chocolate, 1% &  
Lactaid

**Lunch Includes:**  
\* **Main Meal, Salad,**  
**Sandwich or Parfait**  
\***Milk**  
\***Fruit**  
\* **Vegetable**  
\* **Water**

\*\* One 8oz Bottle of  
Water FREE with All Meals  
at time of service. After  
service or without a meal  
\$0.50

| Monday                                                                | Tuesday                                                      | Wednesday                                    | Thursday                                                             | Friday                              | Soup of the Week  |
|-----------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------|----------------------------------------------------------------------|-------------------------------------|-------------------|
| 3<br>Ramen Bowl                                                       | 4<br>Popcorn Chicken, Fries & Steamed Carrots                | Early Release 5<br>Bagel Pizza & Side Salad  | 6<br>Linguica Sandwich, Baked Beans & Fries                          | 7<br>Assorted Pizza & Caesar Salad  | Kale Soup         |
| 10<br>Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Dinner Roll | 11<br>No School                                              | 12<br>Grilled Cheese & Tomato Soup           | 13<br>Steak & Cheese Sub w/Peppers & Onions Tater Tots & Green Beans | 14<br>Assorted Pizza & Caesar Salad | Minestrone Soup   |
| 17<br>Build ~A~ Burrito Bowl                                          | 18<br>Calzone, Fries & Steamed Carrots                       | 19<br>Chicken Parmesan, Spaghetti & Broccoli | 20<br>Waffle & Chicken Sliders with Tater Tots                       | 21<br>Assorted Pizza & Caesar Salad | Cheeseburger Soup |
| 24<br>General TSO's Chicken Bowl & Dinner Roll                        | 25<br>Mozzarella Sticks, Fries, Marinara Sauce & Baked Beans | 26<br>No School                              | 27<br>No School                                                      | 28<br>No School                     |                   |
|                                                                       |                                                              |                                              |                                                                      |                                     |                   |

| Monday                                                                                                       |
|--------------------------------------------------------------------------------------------------------------|
| Crispy Chicken                                                                                               |
| Tuesday                                                                                                      |
| Turkey Club<br>Hamburger Wrap or Big Mac Wrap *Fries offered with all sandwiches*<br>Build -A- Burger        |
| Wednesday                                                                                                    |
| Buffalo Dip & Nachos or Build-a-Bowl                                                                         |
| Thursday                                                                                                     |
| Beef Taco Burritos, Nachos or or Build-a-Bowl *Fries offered with all sandwiches*<br>Chicken Patty Grab & Go |
| Friday                                                                                                       |
| Crispy Chicken                                                                                               |

**Weekly Alternative Lunch Menu**

 **THE STOVETOP**  
HOT LUNCHES

**Tuesday**  
Build-a-burger

**Wednesday**  
Ham & Cheese Croissant

**Thursday**  
Chicken Patty

**Tuna Melt**

Old Colony RVTHS District does not discriminate against students requesting meal modifications for food allergies.  
Modification Requests Form

Prepay lunches - **Cashless Environment** - No money accepted at the registers unless in an envelope w/all info.

Follow us on Social media for any menu change

[Facebook](#)

[Instagram](#)

This institution is an equal opportunity provider.

School Nutrition Director  
Crystal Andrade  
508-763-8011 x114  
candrade@oldcolony.us

All students receive 1 FREE Meal  
Second meal price -  
Student Lunch \$3.75  
Milk 50¢  
Adult Lunch \$4.75