



THE DELI BAR WRAPS AND SALADS SERVED DAILY

For Sandwich or Salad:

Turkey, Ham, Tuna, Hard Boiled Egg, Egg Salad or Diced Chicken

October 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Diced Chicken
OFFERED DAILY			1	2	3	Monday
Assorted Fruit Cups Assorted Fresh Fruit Assorted Veggie Sticks Side Salads			Flavors of Fun Wednesday check the menu board in the cafeteria for what we will be trying new.	Meatball Sub, Green Beans & Fries	Assorted Pizza & Caesar Salad	Crispy Chicken
!!!!	6	7	Early Release 8	9	10	Tuesday
MILK Chocolate, 1% & Lactaid	Crispy Chicken Bowl w/ Mashed Potato, Corn, Gravy & Dinner Roll Or Shepherd's Pie & Dinner Roll	Sloppy Joe, Baked Beans & Fries	Bagel Pizza & Side Salad	Loaded Buffalo Chicken Tater Tots or Shredded Buffalo Chicken Sandwich & Tater Tots with Carrots Sticks	Assorted Pizza & Caesar Salad	Turkey Club Hamburger Wrap or Big Mac Wrap *Fries offered with all sandwiches* Build -A- Burger
	13	14	15	16	17	Wednesday
Lunch Includes: * Main Meal, Salad, Sandwich or Parfait * Milk * Fruit	No School	Italian Sub, Corn & Fries	Spaghetti & Meatballs, Green Beans & Garlic Bread	Build a Baked Potato Veg: Steamed Broccoli	Assorted Pizza & Caesar Salad	Buffalo Dip & Nachos or Build-a- Bowl
* Vegetable	20	21	22	23	24	Thursday
* Water	Build Your Own Beef Taco's, Salsa, Cheese, Lettuce, Tomato, Corn & Black Beans	Macaroni & Cheese Or Buffalo Mac & Cheese w/ Green Beans & Dinner Roll	Chicken Chow Mein & Chop Suey Veggies	BBQ Chicken Bacon Ranch Flatbread	Assorted Pizza & Caesar Salad	Beef Taco Burritos, Nachos or or Build-a-Bowl *Fries offered with all sandwiches* Chicken Patty Grab & Go
	27	28	29	30	31	Friday
** One 8oz Bottle of Water FREE with All Meals at time of service. After service or without a meal \$0.50	Orange Chicken Bowl & Dinner Roll	Hot Dog, Baked Beans & Fries	American Chop Suey, Green Beans & Garlic Bread	Appetizer Sampler & Carrot Sticks	Assorted Pizza & Caesar Salad	Crispy Chicken

Weekly Alternative Lunch Menu



Tuesday Build-a-burger

Wednesday
Ham & Cheese
Croissant

Thursday Chicken Patty

Tuna Melt

Old Colony RVTHS District does not discriminate against students requesting meal modifications for food allergies. Meal Modification Requests Form

Prepay lunches - Cashless Environment - No money accepted at the registers unless in an envelope w/all info.

Follow us on Social media for any menu change

School Nutrition Director Crystal Andrade 508-763-8011 x114 candrade@oldcolony.us

<u>Facebook</u>

Instagram

This institution is an equal opportunity provider.

All students receive 1 FREE
Meal Second meal price Student Lunch \$3.75
Milk 50¢
Adult Lunch \$4.75