



COUGAR CAFE

Week 8

Service Line	Monday 10-Feb	Tuesday 11-Feb	Wednesday 12-Feb	Thursday 13-Feb	Friday 14-Feb
 THE STOVETOP <small>HOT LUNCHES</small> Main Meal	Teriyaki Beef Stir Fry Bowl	Italian Sub & Fries	American Chop Suey & Garlic Bread	Build a Baked Potato	Assorted Pizza
Alternative Option		  Cheeseburger & Fries	 Ham & Cheese Croissant with Chips	  Chicken Patty & Fries	  Tuna Melt
<i>Gluten Free ** Special order Please ask for details</i>	Teriyaki Beef Stir Fry Bowl	Italian Sub & Fries	Pasta & Meatsauce	Build a Baked Potato	Assorted Pizza
<i>Vegetarian</i>				Build a Baked Potato	
<i>Milk Free</i>	Teriyaki Beef Stir Fry Bowl	Italian Sub & Fries	American Chop Suey	Build a Baked Potato	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>	Teriyaki Beef Stir Fry Bowl	Italian Sub & Fries	American Chop Suey	Build a Baked Potato	Crispy Chicken Wrap or Salad
Soup		Chili			
Vegetable of the day	Steamed Broccoli	Corn	Green Beans	Broccoli	Caesar Salad
 THE DELI BAR <small>WRAPS AND SALADS</small>	Crispy Chicken	Turkey Club or Hamburger Wrap or BigMac Wrap <small>*Fries offered with all sandwiches*</small>	Pilgrim Wrap or Bufalo Chicken Dip & Nachos	Burrito or Nachos <small>*Fries offered with all sandwiches*</small>	Crispy Chicken