



# COUGAR CAFE

Week 5

Service Line	Monday 20-Jan	Tuesday 21-Jan	Wednesday 22-Jan	Thursday 23-Jan	Friday 24-Jan
 THE STOVETOP HOT LUNCHES	No School	Mozzarella Sticks, Marinara Sauce & Fries	Home-made Chicken Quesadilla, Salsa & Sour Cream	Meatball Sub & Fries	Assorted Pizza
Alternative Option		 THE DELI BAR WRAPS AND SALADS  THE STOVETOP HOT LUNCHES Cheeseburger & Fries	 THE STOVETOP HOT LUNCHES Ham & Cheese Croissant with Chips	 THE DELI BAR WRAPS AND SALADS  THE STOVETOP HOT LUNCHES Chicken Patty & Fries	 THE DELI BAR WRAPS AND SALADS  THE STOVETOP HOT LUNCHES Tuna Melt
<i>Gluten Free ** Special order Please ask for details</i>		Cheeseburger & Fries	Home-made Chicken Quesadilla, Salsa & Sour Cream	Meatball Sub & Fries	Assorted Pizza
<i>Vegetarian</i>					
<i>Milk Free</i>		Hamburger & Fries	Ham Sandwich & Chips	Chicken Patty & Fries	Crispy Chicken Wrap or Salad
<i>Milk &amp; Egg Free</i>		Hamburger & Fries	Ham Sandwich & Chips	Chicken Patty & Fries	Crispy Chicken Wrap or Salad
Soup		Corn Chowder			
Vegetable of the day		Baked Beans	Corn or Black Beans	Green Beans	Caesar Salad
 THE DELI BAR WRAPS AND SALADS		Turkey Club or Hamburger Wrap or BigMac Wrap <i>*Fries offered with all sandwiches*</i>	Pilgrim Wrap or Bufalo Chicken Dip & Nachos	Burrito or Nachos <i>*Fries offered with all sandwiches*</i>	Crispy Chicken