



COUGAR CAFE

Week 4

Service Line	Monday 16-Sep	Tuesday 17-Sep	Wednesday 18-Sep	Thursday 19-Sep	Friday 20-Sep
	Build Your own Beef Taco's, Salsa, Cheese, Lettuce, Tomato, Corn & Black Beans in a Taco Shell or over Rice	Calzone & Fries	Chicken Parmesan & Spaghetti	Scrambled Eggs, Tater Tots & Pancakes	Assorted Pizza
Alternative Option		  Cheeseburger & Fries	 Ham & Cheese Croissant with Chips	  Chicken Patty & Fries	  Tuna Melt
<i>Gluten Free ** Special order Please ask for details</i>	Taco Salad	Build-A-Burger & Fries	Chicken Parmesan & Penne	Scrambled Eggs & Pancakes	Assorted Pizza
<i>Vegetarian</i>					
<i>Milk Free</i>	Taco's, Salsa, Lettuce, Tomato, Corn & Black Beans in a Taco Shell or over Rice	Build-A-Burger & Fries	Pasta & Meatsauce	Taco Wrap & Fries	Crispy Chicken Wrap or Salad
<i>Milk & Egg Free</i>	Taco's, Salsa, Lettuce, Tomato, Corn & Black Beans in a Taco Shell or over Rice	Build-A-Burger & Fries	Pasta & Meatsauce	Taco Wrap & Fries	Crispy Chicken Wrap or Salad
Soup		Cheeseburger Soup			
Vegetable of the day	Corn or Black Beans	Steamed Carrots	Broccoli	Cucumber Slices	Caesar Salad
	Crispy Chicken	Turkey Club or Hamburger Wrap or BigMac Wrap <small>*Fries offered with all sandwiches*</small>	Corn Dog or Bufalo Chicken Dip & Nachos	Burrito or Nachos <small>*Fries offered with all sandwiches*</small>	Crispy Chicken